



29. stz-Werratal-Triathlon / 9. Jedermann Triathlon
 Naherholungszentrum Immelborn / 03.08.2014

Detailed evaluation

Spangenberg, Andreas

Total time: 1:12:33

Club: TSV 1880 Gera-Zwötzen
 Number: 367

Course: 25.40 km
 Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Total: 13 (of 86)
 Rank in course/Men: 13 (of 68)
 Best time in course: 1:06:17

Category:
 Männer 30-39 Jahre

Rank in category: 3(of 21)
 Best time in the category: 1:09:50

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.40	11:38	29:04	15	2:18	43	4:22	0.40	11:38	29:04	20	0:38	40	0:43
Rad	20.00	41:27	2:04	5	2:59	17	5:14	20.40	53:05	2:36	20		40	
Lauf	5.00	19:28	3:53	1	-	4	1:30	25.40	1:12:33	2:51	3	2:43	13	6:16