



29. stz-Werratal-Triathlon / 9. Jedermann Triathlon  
 Naherholungszentrum Immelborn / 03.08.2014

Detailed evaluation

Spangenberg, Andreas

Total time: 1:12:33

Club: TSV 1880 Gera-Zwötzen  
 Number: 367

Course: 25.40 km  
 Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Total: 13 (of 86)  
 Rank in course/Men: 13 (of 68)  
 Best time in course: 1:06:17

Category:  
 Männer 30-39 Jahre

Rank in category: 3(of 21)  
 Best time in the category: 1:09:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	11:38	29:04	15	2:18	43	4:22	0.40	11:38	29:04	20	0:38	40	0:43
Rad	20.00	41:27	2:04	5	2:59	17	5:14	20.40	53:05	2:36	20		40	
Lauf	5.00	19:28	3:53	1	-	4	1:30	25.40	1:12:33	2:51	3	2:43	13	6:16