



29. stz-Werratal-Triathlon / 9. Jedermann Triathlon  
 Naherholungszentrum Immelborn / 03.08.2014

Detailed evaluation

Rabe, Thomas

Total time: 1:15:12

Club: Saalfeld

Number: 340

Course: 25.40 km

Rank in course/Total: 19 (of 86)

Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Men: 19 (of 68)

Best time in course: 1:06:17

Category:

Rank in category: 8(of 19)

Männer 40-49 Jahre

Best time in the category: 1:08:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.40	8:59	22:27	2	0:46	5	1:43	0.40	8:59	22:27	13			68
Rad	20.00	44:22	2:13	12	5:19	35	8:09	20.40	53:21	2:36	13			68
Lauf	5.00	21:51	4:22	10	3:53	17	3:53	25.40	1:15:12	2:57	8	6:39	19	8:55