



29. stz-Werratal-Triathlon / 9. Jedermann Triathlon
 Naherholungszentrum Immelborn / 03.08.2014

Detailed evaluation

Rutkowski, Josefine

Total time: 1:15:53

Club: Sportteam Steinbach- Meiningen
 Number: 326

Course: 25.40 km
 Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Total: 23 (of 86)
 Rank in course/Women: 2 (of 18)
 Best time in course: 1:15:23

Category:
 Frauen 20-29 Jahre

Rank in category: 1(of 5)
 Best time in the category: 1:15:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.40	8:54	22:15	1	-	1	-	0.40	8:54	22:15	1	-	18	
Rad	20.00	44:06	2:12	1	-	1	-	20.40	53:00	2:35	1	-	18	
Lauf	5.00	22:53	4:34	2	0:06	5	1:29	25.40	1:15:53	2:59	1	-	2	0:30