



29. stz-Werratal-Triathlon / 9. Jedermann Triathlon
 Naherholungszentrum Immelborn / 03.08.2014

Detailed evaluation

Rudolph, Maik

Total time: 1:16:48

Club: LSG 80 Schmückeläufer
 Number: 362

Course: 25.40 km
 Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Total: 28 (of 86)
 Rank in course/Men: 26 (of 68)
 Best time in course: 1:06:17

Category:
 Männer 30-39 Jahre

Rank in category: 8(of 21)
 Best time in the category: 1:09:50

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	10:43	26:47	6	1:23	23	3:27	0.40	10:43	26:47	16			62
Rad	20.00	42:43	2:08	8	4:15	23	6:30	20.40	53:26	2:37	16			62
Lauf	5.00	23:22	4:40	7	3:54	32	5:24	25.40	1:16:48	3:01	8	6:58	26	10:31