



29. stz-Werratal-Triathlon / 9. Jedermann Triathlon
 Naherholungszentrum Immelborn / 03.08.2014

Detailed evaluation

Malzahn, Helger

Total time: 1:19:28

Club: RTV Haselgrund

Number: 311

Course: 25.40 km

Rank in course/Total: 35 (of 86)

Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Men: 32 (of 68)

Best time in course: 1:06:17

Category:

Rank in category: 10(of 21)

Männer 30-39 Jahre

Best time in the category: 1:09:50

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.40	12:26	31:04	17	3:06	49	5:10	0.40	12:26	31:04	14	1:26	54	1:31
Rad	20.00	43:18	2:09	10	4:50	28	7:05	20.40	55:44	2:43	14		54	
Lauf	5.00	23:44	4:44	10	4:16	36	5:46	25.40	1:19:28	3:07	10	9:38	32	13:11