



29. stz-Werratal-Triathlon / 9. Jedermann Triathlon
 Naherholungszentrum Immelborn / 03.08.2014

Detailed evaluation

Hermann, Jan

Total time: 1:19:35

Club: Fitnessoase Ohrdruf
 Number: 373

Course: 25.40 km
 Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Total: 38 (of 86)
 Rank in course/Men: 36 (of 68)
 Best time in course: 1:06:17

Category:
 Männer 30-39 Jahre

Rank in category: 11(of 21)
 Best time in the category: 1:09:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	11:00	27:30	10	1:40	29	3:44	0.40	11:00	27:30	1	-	17	0:05
Rad	20.00	44:58	2:14	13	6:30	38	8:45	20.40	55:58	2:44	1	-	17	
Lauf	5.00	23:37	4:43	9	4:09	34	5:39	25.40	1:19:35	3:07	11	9:45	36	13:18