



29. stz-Werratal-Triathlon / 9. Jedermann Triathlon
 Naherholungszentrum Immelborn / 03.08.2014

Detailed evaluation

Michl, Ramona

Total time: 1:22:47

Club: Bad Salzungen
 Number: 332

Course: 25.40 km
 Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Total: 50 (of 86)
 Rank in course/Women: 5 (of 18)
 Best time in course: 1:15:23

Category:
 Frauen 30-39 Jahre

Rank in category: 1(of 2)
 Best time in the category: 1:22:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.40	12:03	30:07	1	-	11	3:09	0.40	12:03	30:07	1	-	15	0:07
Rad	20.00	48:22	2:25	1	-	10	4:16	20.40	1:00:25	2:57	1	-	15	
Lauf	5.00	22:22	4:28	1	-	2	0:58	25.40	1:22:47	3:15	1	-	5	7:24