



29. stz-Werratal-Triathlon / 9. Jedermann Triathlon
 Naherholungszentrum Immelborn / 03.08.2014

Detailed evaluation

Simon, Holger

Total time: 1:28:47

Club: Schmalkalden
 Number: 368

Course: 25.40 km
 Jedermann-Triathlon 0,4-20,0-5,0

Rank in course/Total: 69 (of 86)
 Rank in course/Men: 61 (of 68)
 Best time in course: 1:06:17

Category:
 Männer 30-39 Jahre

Rank in category: 19(of 21)
 Best time in the category: 1:09:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	16:31	41:17	20	7:11	65	9:15	0.40	16:31	41:17	6	5:31	31	5:36
Rad	20.00	48:12	2:24	18	9:44	56	11:59	20.40	1:04:43	3:10	6	8:45	31	5:02
Lauf	5.00	24:04	4:48	12	4:36	40	6:06	25.40	1:28:47	3:29	19	18:57	61	22:30