



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

Hofmeister, Rainer

Club: Forum Team

Number: 1613

Course: 10.00 km

10 km - Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 44:43

Speed: 13.42 km/h

Running performance: 4:28 min/km

Rank in course/Total: 37 (of 208)

Rank in course/Men: 34 (of 144)

Best time in course: 36:24

Rank in category: 3(of 11)

Best time in the category: 41:49