



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Naumann, Alexander

Club: Nidderau
Number: 1659

Course: 10.00 km
10 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 45:19

Speed: 13.24 km/h
Running performance: 4:32 min/km

Rank in course/Total: 40 (of 208)

Rank in course/Men: 37 (of 144)

Best time in course: 36:24

Rank in category: 6(of 15)

Best time in the category: 39:14