



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

**Kalkowski, Jürgen**

Club: SG DJK Hattersheim  
Number: 1453

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 46:37

Speed: 12.87 km/h  
Running performance: 4:40 min/km

Rank in course/Total: 43 (of 208)

Rank in course/Men: 40 (of 144)

Best time in course: 36:24

Rank in category: 1(of 5)

Best time in the category: 46:37