



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

**Dehm, Markus**

Club: Karben  
Number: 1417

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 47:01

Speed: 12.76 km/h  
Running performance: 4:42 min/km

Rank in course/Total: 44 (of 208)

Rank in course/Men: 41 (of 144)

Best time in course: 36:24

Rank in category: 4(of 12)

Best time in the category: 42:36