



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

**Katit, Steven**

Club: Frankfurt  
Number: 1455

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 47:41

Speed: 12.58 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 45 (of 208)

Rank in course/Men: 42 (of 144)

Best time in course: 36:24

Rank in category: 7(of 15)

Best time in the category: 39:14