



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Bießmann, Dieter

Number: 1647

Course: 10.00 km
10 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 48:05

Speed: 12.48 km/h

Running performance: 4:49 min/km

Rank in course/Total: 49 (of 208)

Rank in course/Men: 44 (of 144)

Best time in course: 36:24

Rank in category: 4(of 11)

Best time in the category: 41:49