



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Diemer-Biehs, Ronja

Club: Darmstadt
Number: 1424

Course: 10.00 km
10 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 48:28

Speed: 12.38 km/h
Running performance: 4:51 min/km

Rank in course/Total: 51 (of 208)

Rank in course/Women: 6 (of 64)

Best time in course: 40:45

Rank in category: 1(of 12)

Best time in the category: 48:28