



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Traue, Alfred

Club: BELC89 Frankfurt
Number: 1510

Course: 10.00 km
10 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 48:38

Speed: 12.34 km/h
Running performance: 4:52 min/km

Rank in course/Total: 53 (of 208)

Rank in course/Men: 47 (of 144)

Best time in course: 36:24

Rank in category: 2(of 5)

Best time in the category: 46:37