



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Prolingheuer, Andreas

Number: 1655

Course: 10.00 km
10 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 49:55

Speed: 12.02 km/h

Running performance: 4:59 min/km

Rank in course/Total: 66 (of 208)

Rank in course/Men: 58 (of 144)

Best time in course: 36:24

Rank in category: 13(of 28)

Best time in the category: 36:24