



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

Hailemichael, Maedot

Club: Karben  
Number: 1441

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 50:33

Speed: 11.87 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 75 (of 208)

Rank in course/Men: 66 (of 144)

Best time in course: 36:24

Rank in category: 10(of 15)

Best time in the category: 39:14