



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

**Lohff, Andreas**

Club: Kürnach  
Number: 1473

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 51:27

Speed: 11.66 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 78 (of 208)

Rank in course/Men: 69 (of 144)

Best time in course: 36:24

Rank in category: 14(of 28)

Best time in the category: 36:24