



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Rottländer, Christian

Club: Bad Vilbel
Number: 1494

Course: 10.00 km
10 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 51:28

Speed: 11.66 km/h
Running performance: 5:09 min/km

Rank in course/Total: 79 (of 208)

Rank in course/Men: 70 (of 144)

Best time in course: 36:24

Rank in category: 15(of 28)

Best time in the category: 36:24