



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

**Trumpfheller, Bastian**

Club: Zensrunning  
Number: 1513

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 51:45

Speed: 11.59 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 81 (of 208)

Rank in course/Men: 72 (of 144)

Best time in course: 36:24

Rank in category: 11(of 16)

Best time in the category: 37:01