



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Gerlach, Lars

Club: Schwalbach
Number: 1432

Course: 10.00 km
10 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 52:21

Speed: 11.46 km/h
Running performance: 5:14 min/km

Rank in course/Total: 86 (of 208)

Rank in course/Men: 75 (of 144)

Best time in course: 36:24

Rank in category: 10(of 19)

Best time in the category: 36:28