



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

Hett, Tanja

Club: Bad Homburg  
Number: 1446

Course: 10.00 km  
10 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 52:29

Speed: 11.43 km/h  
Running performance: 5:15 min/km

Rank in course/Total: 87 (of 208)

Rank in course/Women: 12 (of 64)

Best time in course: 40:45

Rank in category: 2(of 12)

Best time in the category: 41:13