



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Lischewski, Johann

Club: ADFC Bad Vilbel
Number: 1472

Course: 10.00 km
10 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 54:01

Speed: 11.11 km/h
Running performance: 5:24 min/km

Rank in course/Total: 97 (of 208)

Rank in course/Men: 81 (of 144)

Best time in course: 36:24

Rank in category: 4(of 5)

Best time in the category: 46:37