



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Lipinski, Ursula

Club: Zürich Vers.
Number: 1471

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 54:18

Speed: 11.05 km/h
Running performance: 5:26 min/km

Rank in course/Total: 101 (of 208)

Rank in course/Women: 17 (of 64)

Best time in course: 40:45

Rank in category: 1(of 2)

Best time in the category: 54:18