



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Marcischewski, Harald

Club: Karben
Number: 1478

Course: 10.00 km
10 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 54:23

Speed: 11.03 km/h
Running performance: 5:26 min/km

Rank in course/Total: 103 (of 208)

Rank in course/Men: 85 (of 144)

Best time in course: 36:24

Rank in category: 17(of 28)

Best time in the category: 36:24