



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Wende, Gerhard

Club: KSV Kleinkarben
Number: 1522

Course: 10.00 km
10 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 56:16

Speed: 10.66 km/h
Running performance: 5:38 min/km

Rank in course/Total: 120 (of 208)

Rank in course/Men: 97 (of 144)

Best time in course: 36:24

Rank in category: 7(of 11)

Best time in the category: 41:49