



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Grau, Laura

Club: Artemis
Number: 1435

Course: 10.00 km
10 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 56:18

Speed: 10.66 km/h
Running performance: 5:38 min/km

Rank in course/Total: 121 (of 208)

Rank in course/Women: 24 (of 64)

Best time in course: 40:45

Rank in category: 5(of 12)

Best time in the category: 48:28