



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Vogt, Nicole

Club: Artemis Sport Frankfurt
Number: 1516

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 56:54

Speed: 10.54 km/h
Running performance: 5:41 min/km

Rank in course/Total: 124 (of 208)

Rank in course/Women: 26 (of 64)

Best time in course: 40:45

Rank in category: 3(of 9)

Best time in the category: 48:01