



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Leidel, Niko

Club: Marathonprojekt FFM
Number: 1468

Course: 10.00 km
10 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 57:42

Speed: 10.40 km/h
Running performance: 5:46 min/km

Rank in course/Total: 134 (of 208)

Rank in course/Men: 104 (of 144)

Best time in course: 36:24

Rank in category: 8(of 11)

Best time in the category: 41:49