



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Fröhlich, Benjamin

Club: Karben
Number: 1429

Course: 10.00 km
10 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 57:42

Speed: 10.40 km/h
Running performance: 5:46 min/km

Rank in course/Total: 135 (of 208)

Rank in course/Men: 104 (of 144)

Best time in course: 36:24

Rank in category: 14(of 15)

Best time in the category: 39:14