



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Heydt, Lisa

Club: SKG Okarben
Number: 1448

Course: 10.00 km
10 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 59:29

Speed: 10.09 km/h
Running performance: 5:57 min/km

Rank in course/Total: 148 (of 208)

Rank in course/Women: 35 (of 64)

Best time in course: 40:45

Rank in category: 8(of 12)

Best time in the category: 48:28