



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

Heydt, Julia

Club: SKG Okarben  
Number: 1447

Course: 10.00 km  
10 km - Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 59:30

Speed: 10.08 km/h  
Running performance: 5:57 min/km

Rank in course/Total: 149 (of 208)

Rank in course/Women: 36 (of 64)

Best time in course: 40:45

Rank in category: 9(of 12)

Best time in the category: 48:28