



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Trageser, Iris

Club: Triathlon Wetterau
Number: 1621

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:00:18

Speed: 9.95 km/h
Running performance: 6:02 min/km

Rank in course/Total: 153 (of 208)

Rank in course/Women: 38 (of 64)

Best time in course: 40:45

Rank in category: 6(of 12)

Best time in the category: 41:13