



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

**Hackradt, Friederike**

Club: Bad Vilbel  
Number: 1438

Course: 10.00 km  
10 km - Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 1:00:44

Speed: 9.88 km/h  
Running performance: 6:04 min/km

Rank in course/Total: 156 (of 208)

Rank in course/Women: 39 (of 64)

Best time in course: 40:45

Rank in category: 6(of 6)

Best time in the category: 40:45