



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

**Michalik, Axel**

Club: SC Friedberg  
Number: 1606

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M70 (70-74 Jahre)

Total time: 1:00:57

Speed: 9.84 km/h  
Running performance: 6:06 min/km

Rank in course/Total: 159 (of 208)

Rank in course/Men: 119 (of 144)

Best time in course: 36:24

Rank in category: 1(of 3)

Best time in the category: 1:00:57