



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Sonntag, Björn

Club: FracTool Spochtfreunde
Number: 1503

Course: 10.00 km
10 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:01:05

Speed: 9.82 km/h
Running performance: 6:07 min/km

Rank in course/Total: 160 (of 208)

Rank in course/Men: 120 (of 144)

Best time in course: 36:24

Rank in category: 10(of 12)

Best time in the category: 42:36