



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Krasniqi, Jim

Club: FracTool Spochtfreunde
Number: 1461

Course: 10.00 km
10 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:01:33

Speed: 9.75 km/h
Running performance: 6:10 min/km

Rank in course/Total: 165 (of 208)

Rank in course/Men: 123 (of 144)

Best time in course: 36:24

Rank in category: 15(of 15)

Best time in the category: 39:14