



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Casanas, Christine

Club: TSG Altenhain 1900 e.V.
Number: 1414

Course: 10.00 km
10 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:02:50

Speed: 9.55 km/h
Running performance: 6:17 min/km

Rank in course/Total: 175 (of 208)

Rank in course/Women: 47 (of 64)

Best time in course: 40:45

Rank in category: 9(of 12)

Best time in the category: 41:13