



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

**Besser, Olaf**

Club: TSG Altenhain 1900 eV  
Number: 1548

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:03:36

Speed: 9.43 km/h  
Running performance: 6:22 min/km

Rank in course/Total: 181 (of 208)

Rank in course/Men: 133 (of 144)

Best time in course: 36:24

Rank in category: 11(of 12)

Best time in the category: 42:36