



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

**Dernbecher, Benedikt**

Club: Karben  
Number: 1612

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:07:32

Speed: 8.88 km/h  
Running performance: 6:45 min/km

Rank in course/Total: 197 (of 208)

Rank in course/Men: 140 (of 144)

Best time in course: 36:24

Rank in category: 8(of 8)

Best time in the category: 50:01