



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Knopp, Matthias

Club: ASL Marathon
Number: 1903

Course: 21.10 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:28:59

Speed: 14.23 km/h
Running performance: 4:13 min/km

Rank in course/Total: 8 (of 178)

Rank in course/Men: 8 (of 139)

Best time in course: 1:12:14

Rank in category: 1(of 20)

Best time in the category: 1:28:59