



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Merz, Holger

Club: SG Freiensteinau
Number: 1932

Course: 21.10 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:35:11

Speed: 13.30 km/h
Running performance: 4:31 min/km

Rank in course/Total: 24 (of 178)

Rank in course/Men: 22 (of 139)

Best time in course: 1:12:14

Rank in category: 5(of 20)

Best time in the category: 1:28:59