



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

Henkel, Heinz-Dieter

Club: ASV 76 Rauschenberg  
Number: 1265

Course: 5.30 km  
Jedermannlauf

Category:  
Männer

Total time: 32:00

Speed: 9.38 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 32 (of 68)

Rank in course/Men: 25 (of 38)

Best time in course: 19:47

Rank in category: 25(of 38)

Best time in the category: 19:47