



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Jakob, Thomas

Number: 1939

Course: 21.10 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:40:43

Speed: 12.57 km/h

Running performance: 4:46 min/km

Rank in course/Total: 49 (of 178)

Rank in course/Men: 43 (of 139)

Best time in course: 1:12:14

Rank in category: 6(of 20)

Best time in the category: 1:28:59