



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Binzel, Erich

Club: Gutenberg-Marathon-Club Mainz
Number: 1761

Course: 21.10 km
Halbmarathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:44:05

Speed: 12.16 km/h
Running performance: 4:56 min/km

Rank in course/Total: 60 (of 178)

Rank in course/Men: 53 (of 139)

Best time in course: 1:12:14

Rank in category: 3(of 16)

Best time in the category: 1:34:23