



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

**Kühnel, Kai**

Club: Lauf AG ARS  
Number: 1646

Course: 10.00 km  
10 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 36:28

Speed: 16.45 km/h  
Running performance: 3:39 min/km

Rank in course/Total: 2 (of 208)

Rank in course/Men: 2 (of 144)

Best time in course: 36:24

Rank in category: 1(of 19)

Best time in the category: 36:28