



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Wolf, Norbert

Club: Frankfurt
Number: 1867

Course: 21.10 km
Halbmarathon

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:46:38

Speed: 11.82 km/h
Running performance: 5:03 min/km

Rank in course/Total: 74 (of 178)

Rank in course/Men: 66 (of 139)

Best time in course: 1:12:14

Rank in category: 3(of 7)

Best time in the category: 1:38:37