



Karbener Stadtlauf
Klein-Karben / 10.08.2014

Detailed evaluation

Abshagen, Traude

Club: SG DJK Hattersheim
Number: 1755

Course: 21.10 km
Halbmarathon

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:47:04

Speed: 11.77 km/h
Running performance: 5:04 min/km

Rank in course/Total: 78 (of 178)
Rank in course/Women: 10 (of 39)
Best time in course: 1:32:57

Rank in category: 2(of 7)
Best time in the category: 1:32:57