



Karbener Stadtlauf  
Klein-Karben / 10.08.2014

## Detailed evaluation

**Welkner, Silvio**

Club: LG Wettenberg  
Number: 1521

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 37:01

Speed: 16.21 km/h  
Running performance: 3:42 min/km

Rank in course/Total: 4 (of 208)

Rank in course/Men: 4 (of 144)

Best time in course: 36:24

Rank in category: 1(of 16)

Best time in the category: 37:01